



Dan Marino Center



Here's Help art studio



Here's Help classroom



Here's Help dental office



Here's Help, Inc.

Here's Help is a premier residential and outpatient substance abuse treatment center in Miami-Dade County serving 1,000 South Florida adolescents and young adults annually. Awarded first place statewide as an Exemplary Treatment Facility in 2002, Here's Help has 38 years of experience delivering a comprehensive continuum of care that today is lauded by the Departments of Corrections, Juvenile Justice, Children and Families and Probation and Parole for its community impact.

Here's Help's programs include outpatient and residential. The outpatient activities entail a 16-week group counseling program and individual counseling. The Here's Help facility in Miami-Dade County provides a 24-hour live-in program structured to meet the individualized needs of the clients. Group, individual and family therapy sessions are provided, as well as educational, vocational and recreational programming. Specialized seminars and parenting classes are conducted weekly. An aftercare program for juveniles tracks progress and assists clients with their ongoing needs.

Big supporter and local radio celebrity John "Footy" Kross said, "Here's Help is a sanctuary for lost children where we can save their lives."

Scott Rothstein, chairman/CEO of Downtown Fort Lauderdale law firm Rothstein Rosenfeldt Adler (RRA) said, "The kids at Here's Help are blessed to have Footy in their lives. ...You want to know why RRA supports Here's Help? Spend five minutes with Footy. His love for what he does is infectious."



Founded by Scott W. Rothstein and Stuart A. Rosenfeldt in 2002, Rothstein Rosenfeldt Adler Attorneys at Law is headquartered in Downtown Fort Lauderdale. At RRA, a passion for the law and problem solving are fostered at all levels of the firm. Passion permeates RRA CEO Scott W. Rothstein's every activity, from his thriving law practice to his time with his family and friends. It lives in his numerous philanthropic efforts in the community, including his support of the Dan Marino Foundation, Here's Help, The Boys & Girls Clubs, the American Heart Association and United Way. Rothstein believes that it is not your success but rather what you give back that defines you. He hopes that his personal philanthropic efforts encourage others to give back to the community in any way that they can. For more information on Rothstein Rosenfeldt Adler, P.A., call (954) 522-3456, or visit www.rra-law.com.

Alternative Therapies Programs

In an effort to better serve its clients, over the years Here's Help has continually adapted its treatment components to include innovative approaches that further facilitate socialization and increased self-expression and self-esteem. In 2000, the agency launched its Alternative Therapies Program, which encompasses real-life technology for music and the visual arts. The premise of the program was to incorporate a cutting-edge treatment modality linked to the educational and vocational objectives of each client served. It is Here's Help's belief that educational and vocational objectives are critical to maintaining abstinence post treatment and the facilitation of gainful employment, providing law-abiding subsistence of economic and social value.

Here's Help's Alternative Therapies program has been expanded to include treatment modalities in computer literacy classes that involve the understanding and design of computers and computational processing, a language arts center designed to empower clients to communicate effectively through written and verbal dialogue and a state-of-the-art Badia / Publix Culinary Program that exposes clients to the vast food

services industry through a classroom-style, full-service kitchen. All facets of food services are addressed from planning, preparation, cooking and serving, to growing ingredients in the Here's Help garden.

During the 2005 accreditation process, the Commission on Accreditation of Rehabilitation Facilities acknowledged Here's Help's Alternative Therapies as exemplar. It noted that Here's Help also has a dental clinic providing access to free oral health care and a tattoo removal program that enables the removal of visible, stigmatizing tattoos that are often a barrier to employment or promotional opportunities.

Three Ways to Get Involved:

- 1) Send a donation to Here's Help, 15100 NW 27th Avenue, Opa-Locka, FL 33054.
- 2) Participate in the upcoming Footy's 9th Annual Wing Ding Classic Golf Tournament on Friday, May 23, at the newly renovated Pembroke Lakes Golf Course.
- 3) Volunteer at a Here's Help event. 